



Donors will receive their choice of a limited-edition T-shirt or an In-N-Out gift card (while supplies last).

Blood Drive:

La Serna High School

Date and Time:

Tuesday, December 12, 2023

8:30 a.m.–12:30 p.m.

Location:

Small gym

15301 Youngwood Dr.

Whittier, CA 90605

Now available- the new non-invasive hemoglobin testing device. No more fingerstick.

To make an appointment:

please see the B & A office

When donating, be sure to:

- Bring a photo ID
- Be in good health
- Weigh at least 110 pounds
- Eat a good meal
- Drink extra water
- Be at least 17 years old
- A 16-year-old may donate if they have a signed parent consent form and weigh at least 135 pounds